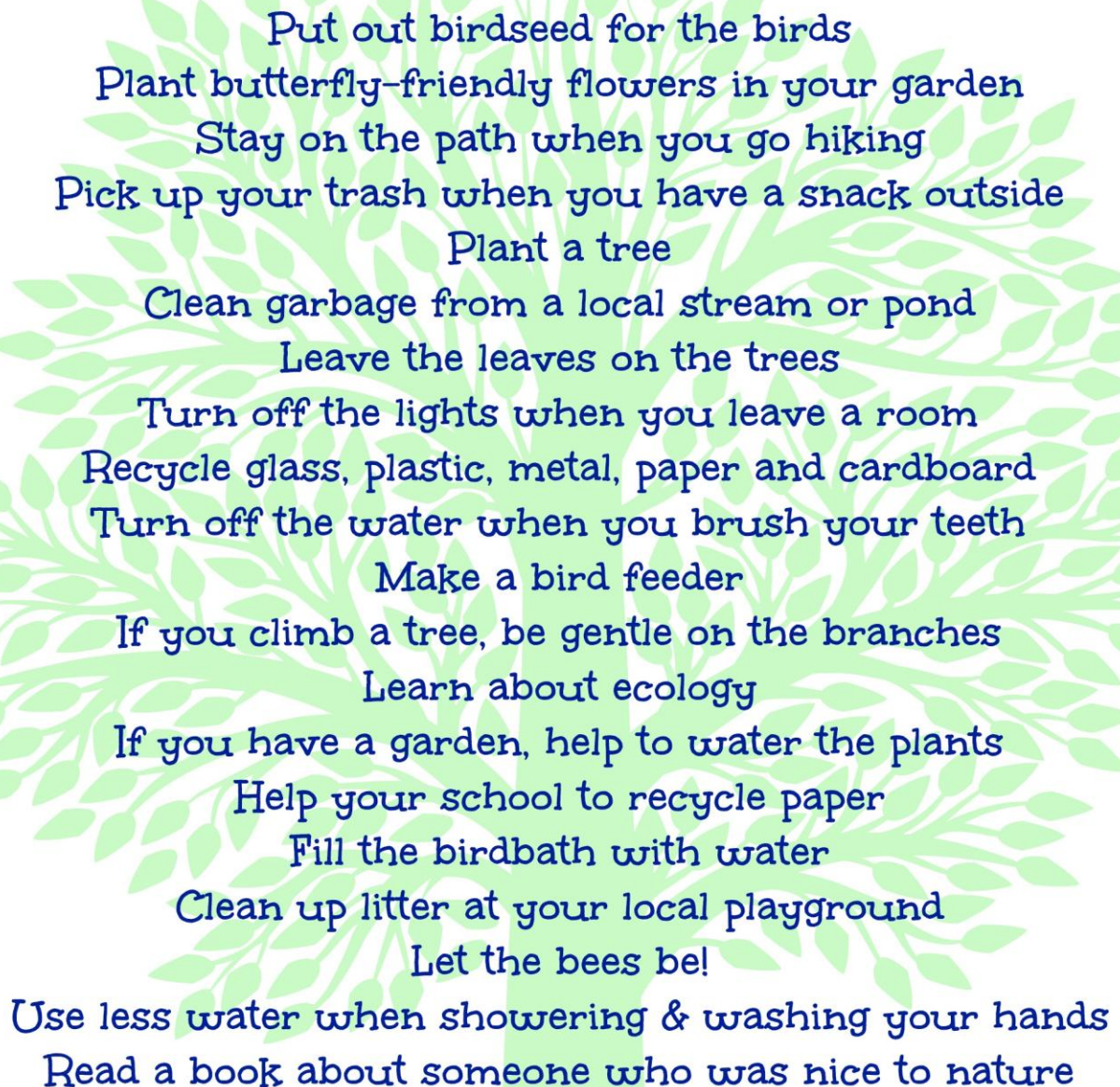


20 WAYS TO BE NICE TO NATURE

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- Put out birdseed for the birds
 - Plant butterfly-friendly flowers in your garden
 - Stay on the path when you go hiking
 - Pick up your trash when you have a snack outside
 - Plant a tree
 - Clean garbage from a local stream or pond
 - Leave the leaves on the trees
 - Turn off the lights when you leave a room
 - Recycle glass, plastic, metal, paper and cardboard
 - Turn off the water when you brush your teeth
 - Make a bird feeder
 - If you climb a tree, be gentle on the branches
 - Learn about ecology
 - If you have a garden, help to water the plants
 - Help your school to recycle paper
 - Fill the birdbath with water
 - Clean up litter at your local playground
 - Let the bees be!
 - Use less water when showering & washing your hands
 - Read a book about someone who was nice to nature