

# 30 Ideas for GRATITUDE & GIVING

## Family Service Ideas



- Donate to a food drive or local food bank ---- Send a holiday greetings to military members  
Donate candy to our military who are overseas ---- Help Syrian refugees  
Donate blankets or coats to a 'Keep Warm in the Winter' drive  
Bring food or toys to a local animal shelter ---- Participate in a Hat & mitten drive for local school kids  
Adopt an Angel from a Giving Tree ---- Write a letter & put in the Make a Wish mailbox  
Clean up a local park, street or other community area ---- Donate books to a book drive, library or shelter  
Make cookies for someone ---- Volunteer to be bell ringers for the Red Kettle  
Serve a meal at your local food pantry or mission ---- Write a 'thank you' note to a special person  
Buy holiday gifts from a place that supports others ---- Send Thanksgiving greetings to far-away family  
Pack a Shoebox for a Child ---- Visit a nursing home to play games or read with the residents  
Put together Care Kits for a local women's shelter or homeless shelter ---- Donate a toy to a Toys for Tots



## Acts of Kindness

- Don't get mad at someone who made you angry ---- Do a chore for another family member  
Smile at someone who looks sad ---- Hold the door open for someone or help them with their packages  
Leave a 'thank you' note for the mail carrier or person who delivers your newspaper  
Give out candy canes to people while running errands ---- Give someone an unexpected hug  
Take the dog for an extra walk or play with your pet/give them some love  
Rake leaves or shovel snow for a neighbor ---- Give someone a compliment