

IDEAS FOR COLLEGE CARE PACKAGES

Things to Keep Them Healthy/Safe

Vitamins/Vitamin C packets

Water bottle/Water Pitcher to keep them hydrated

Mini-flashlight so they can see their way home in the evening

Breakfast cookies, instant oatmeal or other healthy ideas for breakfast

Small umbrella for rainy days

Warm gloves

Something to Share

Cookies from home

Packs of gum

DVD of a new movie (so they can host movie night!)

Popcorn

Anything They May have Forgotten

Checkbook

Stamps

Toiletries or personal items

Seasonal items such as winter hat, warm socks, etc.

Something Unexpected

Fun socks

A gift card to their favorite place near campus

New book by a favorite author

Their favorite snack item

A picture or letter from siblings

Seasonal decorations for their room